

Audra

Lowray-Upchurch



Speaker • Author • Entrepreneur



@authenticaudra

(757) 279-8879
info@audraupchurch.com



Audra's origins are humble; born and raised in Brooklyn, New York, in an extremely unstable household to a mother who suffered in silence with mental illness. As a result, she found herself homeless at the age of 15, a single-mother at 17 with a straight shot down a dark path. Now here's the good news, through prayer, a new community and daily positive beliefs, SHE KNEW that she deserved more. Fast forward, she earned her Bachelor degree, her MBA and NOW living her best life!

Audra helps women find their voice, shape their stories, and navigate the book collaboration process to deliver a meaningful manuscript.

Using her own success as a model, she is passionate about helping brand-ready women with a clear vision create and produce high-level author collaborations that change lives.

Not only are these book collaborations educational and unique, they have proven their profitability for the lead and co-author teams.



Event Producer:

AUDRA LOWRAY-UPCHURCH

2019 Documentary Cast Member, *Her Padded Truth*

2018 ACHI Magazine Author of the Year Award Recipient

2018 IAN Book of the Year Awards Finalist

2017 Documentary Cast Member, *DRIVEN: The Unpaved Road to Success*

4x Amazon Bestselling Author

Biography



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Keynote Speaker

Go Women's Conference
Virginia Beach, VA

Panel Moderator

L.I.F.T. Conference
Pocono Manor, PA

Speaker

Spark & Hustle
Atlanta, GA

Speaker

Pop Up Conference
Richmond, VA

Speaker

Black Therapists Rock Conference
Silver Spring, MD

Seminar Speaker

African American Male Summit
Virginia Beach Public Schools

Presenter

Beach Girls Rock
Virginia Beach Public Schools

Speaker

The EPIC Conference
Las Vegas, NV

Master Your Audience

Audra will show you how to identify your ideal audience, keep them engaged, and coming back for more.

I Quit My Job and Hired My Boss

Audra will share strategies for how she worked a full-time job while building her business and positioned herself to replace her six-figure income.

**Sharing your Story:
The Myths and the Facts**

Audra will get to the root of why so many women struggle with being honest and transparent when sharing their stories and help them push beyond it.



Signature Talks & Speaking Engagements



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Pat Lucas, MBA

Project Controls Analyst at Booz Allen Hamilton

"Audra has played an integral part in all aspects of my life. From personal areas to professional areas, she has been a driving force in a lot of my decision making. The strategic tools she's provided me with have allowed me to become a stronger mother, a career professional and even in my community volunteer initiatives. She has the ability to allow her clients to dig deep within and I strongly feel it is because of her unwavering drive to help you "become a better you".

Adrianne Free

Requirements Analyst at Booz Allen Hamilton

As the Chair of a diversity forum at Booz Allen Hamilton, I had the privilege of working closely with Audra in planning and executing impactful and career-enhancing events tailored to diversity and inclusion. In one of her many contributions to the forum, Audra spearheaded and facilitated a dynamic panel discussion with a distinguished group of African American women who excel and lead in the areas of education, defense, and business. Audra has taken me under her wing for the past 4 years and guided me through some very challenging decisions in both career and life that have influenced me to be my best and grow as a person.

Illiona Josephine

Co-Author, Unchain My Legacy

"Whatever she puts her hands to will be done in excellence and with integrity." - "Working with Audra on our book anthology has truly been an authentic experience. She is passionate about the work she does and sees everything through to completion. She is very thorough and organized. She leads with confidence, boldness, and love. You can trust that whatever she puts her hands to will be done in excellence and with integrity. I highly recommend Audra for support in completing your next book project."

Book Audra

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